During my hospitalization in the clinic Maria Cecilia HOSPITAL Cotignola RV, having suffered a cardiac arrest on November 8 in Malawi, in the daily prayer of the Church I read these words from the letter of St. Peter the Apostle:

For this very reason do your best to add goodness to your faith; to your goodness add knowledge; to your knowledge add self-control; to your self-control add endurance; to your endurance add godliness; to your godliness add Christian affection; and to your Christian affection add love. These are the qualities you need, and if you have them in abundance, they will make you active and effective in your knowledge of our Lord Jesus Christ. But if you do not have them, you are so shortsighted that you cannot see and have forgotten that you have been purified from your past sins.

So then, my friends try even harder to make God's call and his choice of you a permanent experience; if you do so, you will never abandon your faith. In this way you will be given the full right to enter the eternal Kingdom of our Lord and Savior Jesus Christ.

And so I will always remind you of these matters, even though you already know them and are firmly grounded in the truth you have received. I think it only right for me to stir up your memory of these matters as long as I am still alive. I know that I shall soon put off this mortal body, as our Lord Jesus Christ plainly told me. I will do my best, then, to provide a way for you to remember these matters at all times after my death.

In the journey towards Christmas, the feast of life, it is good to stop for a while and leave the spirit to reinforce the desire to feel good and to share this special moment of my life to say thanks to God and to you all.

The feeling of going in an instant, from total darkness to a strong light is amazing, but also full of indescribable serenity.

Our life is a tent, but temporary, that we still have to leave sooner or later, to enter into the tent of the eternal communion with God and all, forever.

The impression of anything and everything is just filled with love and joy that you live in the little things of everyday life, as a response to the invitation of God our loving Father: " Son, as far as you can, well treated do not deprive yourself ... a happy day, "as Pope Francis says.

The deep and quiet joy that I lived in, now I express deep gratitude to the entire community of Balaka, Don Cesare, our volunteer doctor John, Ale, Vale and George, all the friends who were volunteers in Balaka, my doctor Alessia Pappone, Cynthia and Marco, who have accompanied me in my journey home and lived with me the days of hospitalization and my Professor Charles Pappone who is accompanying me with professionalism and friendship in my recovery to continue with the mission.

My sincere wishes for Happy Advent and Christmas greetings to you all.

Yours in Christ, Fr. Mario Pacifici